



Planet Plate

Eating a vegetarian diet can help with climate change by reducing carbon emissions and help reduce global warming. They are really tasty too!

New Menu

Please order and pay in the usual way via



DID YOU KNOW?

- We source seasonal and local food where we can
- Our meals are freshly prepared on site
- We serve at least two portions of fruit & veg a day
- Organic yoghurt or dairy alternative available daily
- We use local higher welfare meat and free range eggs
- Our school food meets the School Food Standards and Food For Life criteria.



Planet Plate Day

Tuesday

Wednesday

Thursday

Friday

Week 1

20/02/23

13/03/23

Week 2

27/02/23

20/03/23

Week 3

06/03/23

27/03/23

WEEK 1

Freshly prepared Margherita pizza (V)
Crunchy potatoes, Seasonal salad & seasonal vegetables
Or
Sunshine soup and a homemade bread roll

Dessert of the day or fresh fruit
Or fruit yoghurt

Butchers quality beef burger in a bun
Or
Vegetable burger in a bun (V)
Potato wedges
Seasonal vegetables/salad

Chocolate surprise brownie
Or fresh fruit
Or fruit yoghurt

Local Devonshire Roast Pork, Gravy, Yorkshire pud, roast potatoes and seasonal vegetables
Or
Roasted bell pepper soup and a homemade focaccia bread (V)

Lemon drizzle cake or fresh fruit
Or fruit yoghurt

Spiced chicken & chorizo pasta
Or
Italian tomato pasta bake (V)

Italian focaccia bread
Seasonal vegetables

Marble cake & custard
Or fresh fruit or fruit yoghurt

MSC Freshly breaded Fish
Or
Cheesy pinwheel (V)

Chips, sweetcorn and baked beans

'Dessert of the Day' or fresh fruit
Or fruit yoghurt

Deli Bar: There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

Jacket potato: There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar

ALLERGENS

We take every care to cater for pupils with allergies & intolerances Please enquire with the kitchen regarding ingredients in your meal.

WEEK 2

Freshly prepared Margherita pizza (V)
Crunchy potatoes, Seasonal salad & seasonal vegetables
Or
Sunshine soup and a homemade bread roll

Dessert of the day or fresh fruit
Or fruit yoghurt

Butcher quality pork sausages
Or
Freshly prepared vegetable sausages (V)
Creamy mash and gravy
Seasonal vegetables

Orange sponge & custard or fresh fruit
Or fruit yoghurt

Local Devonshire Roast Turkey, gravy, Yorkshire pud
Or
Vegetable hotpot (V)
Roast potatoes and Seasonal vegetables

Dorset apple cake & ice cream
Or fresh fruit or fruit yoghurt

'Planet plate' spaghetti bolognaise
Or
Macaroni cheese (V)

& homemade crusty bread
Seasonal vegetables

Pancake & chocolate sauce
Fresh fruit or fruit yoghurt

MSC fish finger
Or Golden nuggets (salmon)
Or
Vegetable curry & freshly made onion bhaji, savoury rice & naan bread (V)
Chips, peas and baked beans

'Dessert of the Day' or fresh fruit
Or fruit yoghurt

Deli Bar: There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

Jacket potato: There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar

Homemade Dessert of the Day

This is a freshly prepared reduced sugar sweet treat which changes daily and could include a chocolate date brownie, Mandarin, apple or fruit sponges, carrot cake, tray bake, flapjack, banana muffins, fruity shortbread.

WEEK 3

Freshly prepared Margherita pizza (V)
Crunch potatoes, Seasonal salad & seasonal vegetables
Or
Sunshine soup and a homemade bread roll

Dessert of the day or fresh fruit
Or fruit yoghurt

Chicken steak burger
Or
Cauliflower & Broccoli bake (v)
Potato wedges & seasonal vegetables

Devon flat biscuit or fresh fruit
Or fruit yoghurt

Local Devonshire Roast gammon, gravy, Yorkshire pud, roast potatoes and seasonal vegetables
Or
Baked 5 bean & cheese burrito (v)

Banana Split or fresh fruit
Or fruit yoghurt

Freshly prepared planet plate Beef tacos
New potatoes & seasonal slaw
Or
Baked cheesy vegetable wrap (V)
New potatoes & seasonal slaw

Carrot cupcake or fresh fruit
Or fruit yoghurt

MSC Battered/ breaded fish portion
Or
Veggie sausage roll (v)

Chips, sweetcorn and baked beans

'Dessert of the Day' or fresh fruit
Or fruit yoghurt

Deli Bar: There will be a variety of fillings available to choose from every day - along with a selection of freshly prepared seasonal salads and various bread options

Jacket potato: There will be a choice of fillings available to choose from on a daily basis along with either the seasonal veg of the day or crunchy salad bar